

# What medications can I take before my procedure?



**Archbold**  
Gastroenterology

## Blood Thinners (see examples below)

*Only hold with prior approval from your prescribing doctor/cardiologist*

**Hold for five (5) days** prior to your procedure: Plavix (clopidogrel), Coumadin (warfarin), Brilinta (ticagrelor).

**Hold for three (3) days** prior to your procedure: Xarelto (rivaroxaban).

**Hold for two (2) day** prior to your procedure: Eliquis (apixaban)

## Medication for Diabetes or Weight loss

### **Hold for seven (7) days:**

*Dulaglutide (Trulicity), Exenatide(ER)(Bydureon,BCise) Exenatide(IR)(Byetta), Liraglutide (Saxenda), Liraglutide(Victoza), Lixisenatide (Adlyxin), Semaglutide(Ozempic), Wegovy, Tirzepatide (Mounjaro)*

### **Hold the DAY OF your test:**

Rybelsus and all other oral drugs for diabetes & short-acting insulin such as Humalog, Novolog, Regular, etc.

### **Reduce dosage on the DAY OF your test:**

NPH use ½ your usual dose

Premixed (70/30) use 1/3 dose

## Blood pressure (BP) medication

**Hold the following BP medications on DAY OF your test: (Please, take all other BP medications as prescribed)**

- Diuretics (water pills)
- “prils” (Benazepril, Captopril, Enalapril, Fosinopril, Lisinopril, Quinapril, Ramipril and Trandolapril).
- “sartans” (Candesartan, Eprosartan, Irbesartan, Losartan, Olmesartan, Telmisartan, Valsartan and Aliskiren).

## Other medications (for colonoscopy only)

**Hold for five (5) days** prior to your procedure:

- **Fiber supplements** like Citrucel, Metamucil, Perdiem, Benefiber, etc.
- **Iron pills** or vitamins with iron.
- **Anti-diarrhea drugs** like Pepto-Bismol, Imodium, Kaopectate, etc.

**Hold for two (2) days** prior to your procedure:

- **NSAIDS** (Non-steroidal anti-inflammatory drugs) such as Aleve, Naproxen, Advil, Ibuprofen, Meloxicam, Diclofenac, Toradol, etc.

**SEE REVERSE**

**Other medications (for EGD with BRAVO CAPSULE placement, only)**

**PLEASE HOLD ALL ANTACIDS & ACID SUPPRESSING MEDICATIONS FOR 7 DAYS**

PPI examples:

Omeprazole: available over-the-counter as Prilosec

Esomeprazole: Available over-the-counter as Nexium

Lansoprazole: Available over-the-counter as Prevacid

Pantoprazole: Available as Protonix

Rabeprazole: Available as AcipHex

Dexlansoprazole: Available as Dexilant

Zegerid: An over-the-counter combination of omeprazole and sodium bicarbonate

H2-Blocker examples:

Famotidine (Pepcid AC, Pepcid Oral, Zantac 360)

Cimetidine (Tagamet, Tagamet HB)

Nizatidine Capsules (Axid AR, Axid Capsules, Nizatidine Capsules)

Antacid examples:

Tums, Mylanta, Roloids, Pepto-Bismol, Gaviscon, and Maalox